

Oaklea Montessori

Sample Menu*

Main Meal		Dessert	Main Meal		Dessert
Week 1			Week 4		
Monday	Roast Beef	Rhubarb and Custard	Monday	Sweet and Sour	Lemon Sponge and Custard
Tuesday	Sweet and Sour Pork	Fruit Jelly	Tuesday	Roast Lamb	Yogurt
Wednesday	Spaghetti Carbonara	Apple Crumble and Custard	Wednesday	Macaroni Cheese	Fruit Pancake and Custard
Thursday	Cottage Pie	Yogurt	Thursday	Chilli Con Carnie and Rice	Banana and Custard
Friday	Fish in Cheese Sauce	Flapjack and Custard	Friday	Fish Fingers	Peach Melba
Week 2			Week 5		
Monday	Lasagne	Bread and Butter Pudding	Monday	Toad in the Hole	Fruit Flapjack and Custard
Tuesday	Chicken Curry	Yogurt	Tuesday	Roast Chicken	Rice Pudding and Jam
Wednesday	Roast Pork	Trifle	Wednesday	Bacon and Sweetcorn Pasta	Chocolate Trifle
Thursday	Tomato Sausage Pasta	Peaches and Custard	Thursday	Savoury Mince	Apple Charlotte and Custard
Friday	Fish in Parsley Sauce	Eves Pudding and Custard	Friday	Fish in Mushroom Sauce	Yogurt
Week 3			Week 6		
Monday	Meat Balls and Rice	Jam Tart and Custard	Monday	Hotpot	Apple Pie and Custard
Tuesday	Mixed Grill	Rice Pudding	Tuesday	Boiled Bacon and Parsley Sauce	Fruit Sponge and Custard
Wednesday	Spaghetti Bolognaise	Rhubarb and Custard	Wednesday	Beef Curry and Rice	Macaroni Pudding
Thursday	Roast Chicken	Yogurt	Thursday	Chicken and Leek Fricassee	Jam Turnover and Custard
Friday	Seafood Fried Rice	Pear in Chocolate Sauce	Friday	Fisherman's Pie	Yogurt

*Specific dietary requirements are met as necessary.